



IMPACT REPORT 2015

CAMBRIDGESHIRE COMMUNITY FOUNDATION



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CAMBRIDGESHIRE COMMUNITY FOUNDATION has two main funding streams of Improving Lives and Improving Communities.

Within each funding stream are CCF's Core Grant Programmes, which aim to support our vision of 'thriving communities and enriched lives'.

This impact report reflects grants awarded in 2014. During the year, CCF awarded just over £1.3 million in grants – of which just under £350,000 went towards IMPROVING LIVES and just over £1 million towards IMPROVING COMMUNITIES.

IMPROVING LIVES:

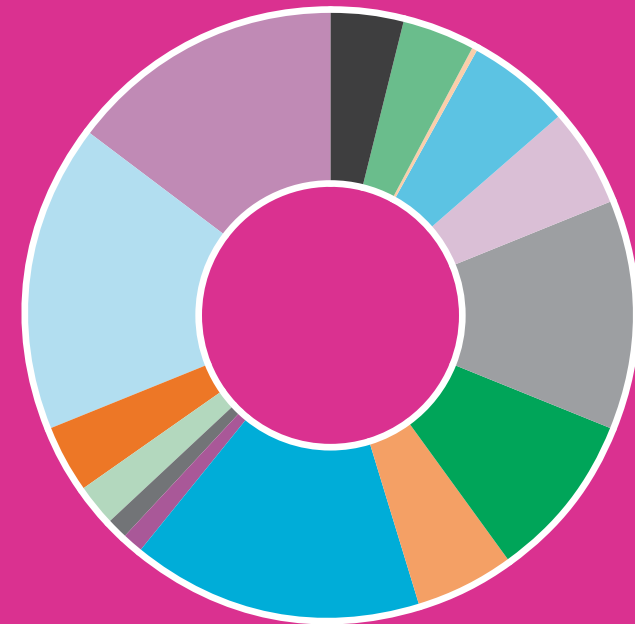
CCF supports projects and initiatives that aim to improve the quality of life for local people who face disadvantage or difficulty under the following Core Grant Programmes.

- Children and families
- Adults facing life crisis
- Adults with health conditions

The opposite page illustrates the range of beneficiary groups we have supported within IMPROVING LIVES. This report focuses on six beneficiary groups that have received funding and the impact the funding has had.

The relative values of grants awarded to different beneficiary groups don't reflect the relative importance of those groups. The level of funding awarded to each beneficiary group changes from year to year and is dependent on requests received and funds available.

IMPROVING LIVES



 Adults facing economic hardship - £13,870	 Providing opportunities for children from disadvantaged families - £54,554
 Homeless people - £13,336	 Young Carers - £3,240
 Victims of domestic violence - £1,000	 Supporting families in breakdown - £3,968
 Isolated older people - £19,394	 Providing opportunities for healthy living/access to sport - £8,135
 Educating children & young people - £18,827	 Adults with mental health issues - £12,970
 Children & young people with disabilities - £42,595	 Adults with disabilities - £57,219
 Reducing anti-social behaviour - £31,237	 Adults with chronic or terminal illness - £50,442
 Looked After Children - £18,044	

Beneficiary Group:

LOOKED AFTER CHILDREN

Organisation:

GRAFHAM WATER UPROJECT

The Grafham Water UProject supports Looked After Children through key transitions at school. The project comprises team building days, activity residentials and a celebration event.

Who are Looked After Children?

"Children in care or looked after children are children who have become the responsibility of the local authority." (www.nspcc.org.uk)

CCF's targeted impacts

- Increased confidence and self-esteem
- Increased social interactions
- Engagement in positive activities

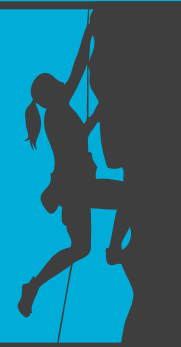


"Since participating in the UProject, she is really starting to find her feet and make positive changes."

"Although at times there can be challenges, this project certainly brings out the best in young people, seeing them flourish and grow as time passes is so rewarding."

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LOOKED AFTER CHILDREN
ACHIEVED THEIR
LEVEL 1 NATIONAL INDOOR
CLIMBING AWARD



90% OF LOOKED AFTER CHILDREN

≡ INVOLVED HAVE SUCCESSFULLY MOVED ON TO THE NEXT SCHOOL YEAR ≡

TWELVE

£4,790

GRANT FROM CCF
FOR LOOKED
AFTER CHILDREN

LOOKED AFTER CHILDREN
IMPROVED THEIR
SELF-ESTEEM,
SELF-CONFIDENCE
& SOCIAL SKILLS



Beneficiary Group:

YOUNG CARERS

Organisation:

CENTRE 33

Centre 33 exists to help every young person in Cambridgeshire fulfil their potential. They provide information, support and counselling to young people aged 8 - 25 to overcome the effects of disadvantage, inequality, poor health and isolation.

Who are Young Carers?

"Young carers are children and young people who often take on practical and/or emotional caring responsibilities that would normally be expected of an adult." (www.carers.org)

CCF's targeted impacts

- Increased social interactions, networks & companionship
- Engagement in positive activities
- Improved aspirations



"It empowers young carers, enabling them to raise awareness for all young carers."

"The support for my daughter is such a relief, she does so much to help me, I can't thank you enough for offering support that's just for her."

TO ENABLE YOUNG CARERS TO PLAN AND DELIVER TRAINING SESSIONS TO EDUCATIONAL PROFESSIONALS IN ORDER TO IMPROVE THEIR UNDERSTANDING OF AND SKILLS IN WORKING WITH YOUNG CARERS

FOURTEEN

YOUNG CARERS HAVE INCREASED » CONFIDENCE & SKILLS

£1,250

AWARDED TO
CENTRE 33
FOR PROJECTS
WORKING WITH
YOUNG CARERS

TOWARDS A RESPITE GROUP IN ELY

13

YOUNG CARERS ARE LESS ISOLATED



Beneficiary Group:

CHILDREN AND YOUNG PEOPLE WITH DISABILITIES

Organisation:

PETERBOROUGH
DOWN'S
SYNDROME
GROUP

Peterborough Down's Syndrome Group provides support, advice and social activities for parents, carers, children and adults with Down's Syndrome.

What is a disability?

"a person is considered to be disabled if they have a physical or mental impairment which has a substantial and long-term adverse effect on their ability to perform normal day-to-day activities" (Equality Act 2010)

CCF's targeted impacts

- Improved life skills (communication)
- Improved access to help
- Increased confidence & self-esteem



"It enables our children to communicate, learn at school, form relationships and eventually get a job."

"Providing financial support has led to 4 additional members being able to access therapy."



15 ADDITIONAL CHILDREN NOW RECEIVE THERAPY

£3,000

GRANT FROM CCF TOWARDS DELIVERING TARGETED & EFFECTIVE **SPEECH AND LANGUAGE THERAPY** FOR PEOPLE WITH **DOWN'S SYNDROME**

1 YOUNG ADULT HAS SECURED A **JOB PLACEMENT**



Beneficiary Group:

HOMELESS PEOPLE

Organisation:

FOODCYCLE (CAMBRIDGE)

FoodCycle runs volunteer-powered community projects working to reduce food poverty and social isolation by serving tasty, nutritious meals to vulnerable people.

Which other beneficiary groups fall under the 'adults facing life crisis' programme?

Victims of domestic violence, victims of crime and isolated older people also fall under this programme, in addition to homeless people.

CCF's targeted impacts

- Improved health and understanding of healthy eating
- Increased social interactions, networks & companionship
- Access to basic needs (food, shelter, warmth)



"I'm at a hostel at the moment. It's the healthiest meal I have all week and it's nice to come and see people."

"No matter who you are, you are always made to feel welcome."

627



THREE-COURSE MEALS FOR VULNERABLE PEOPLE

£5,000

GRANT FROM CCF
TOWARDS
RUNNING COSTS
OF THE
CAMBRIDGE
FOODCYCLE
HUB



OF FOOD

THAT WOULD OTHERWISE HAVE BEEN

WASTED

FROM LOCAL
SUPERMARKETS

Beneficiary Group:

Organisation:

ISOLATED OLDER PEOPLE

PAPWORTH TRUST

Papworth Trust supports disabled and older people, their families and carers with disability advice and a range of essential services.

What is the difference between isolation and loneliness?

"Isolation refers to separation from social or familial contact, community involvement, or access to services. Loneliness, by contrast, can be understood as an individual's personal, subjective sense of lacking these things to the extent that they are wanted or needed." (Age UK)

CCF's targeted impacts

- Access to basic needs (food, shelter, warmth)
- More independent living
- Improved long-term health and fitness



"Iris is 84 and feels the cold badly in her hands and feet. Now her hands are warm."

"Mum lives alone. We can worry about her less knowing she is warm."

THREE THOUSAND PEOPLE WERE HELPED TO STAY WARM



£2,000



200 HAND WARMERS

GRANT FROM CCF TO PROVIDE WARM PACKS TO HELP OLDER DISABLED PEOPLE TO COPE THROUGHOUT THE WINTER MONTHS

576 PAIRS OF SOCKS



Beneficiary Group:

Organisation:

CAM SIGHT

ADULTS WITH HEALTH ISSUES OR DISABILITIES

Cam Sight supports local visually impaired people to live independent and fulfilled lives.

Which beneficiary groups are included under 'adults with health problems or disabilities'?

CCF has identified adults with mental health issues, physical difficulties, learning disabilities and chronic or terminal illness as priority beneficiary groups for which to target funding.

CCF's targeted impacts

- Increased confidence and self-esteem
- More physically active life
- Reduced isolation / social exclusion



"... I started by taking a group of clients out, but now have a set of good friends who happen to be visually impaired."

"Tandem cycling with Cam Sight's Tandem Cycling Service gave me the opportunity to go out into the local countryside and enjoy the environment as well as some physical exercise."



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VISUALLY IMPAIRED CYCLISTS ENTERED THE LONDON TO CAMBRIDGE BIKE RIDE

{ AND COMPLETED IT! }



£1,500

GRANT FROM CCF TO MAINTAIN CYCLING EQUIPMENT AND TO PURCHASE A FOURTH TANDEM

100% OF RIDERS ARE CONTINUING WITH THEIR REGULAR SESSIONS



IMPROVING COMMUNITIES

CCF supports projects and initiatives that aim to strengthen local communities and enrich local life by improving community assets of people and facilities to address the needs of local people.

Typical projects which have been funded within this stream to improve community assets include – improving children’s play areas and sports facilities, enhancing village halls, repairing local churches and improving disabled access. Examples of projects which improve community cohesion are – community events, projects targeting families and local history events.



-  Community Cohesion - **£17,900**
-  Sustainability of groups - **£7,040**
-  Provision / improvement of community assets - **£984,304**
-  Addressing environmental issues - **£3,900**



Cambridgeshire
Community
Foundation

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